

I. **AMENDMENTS TO THE CLAIMS:**

1-10. (Canceled)

11. (Currently Amended) A method of treating psoriasis affected area of the skin, scalp or nails comprising the steps of:

- a) orally administering to a psoriasis affected individual a composition comprising [[about]] 400 mg boswellic acid, [[about]] 100 micrograms of selenomethionine, and a pharmaceutically acceptable carrier three times per day; and
- b) topically applying to the affected area a composition comprising 5% w/w Boswellia serrata gum resin extract comprising beta-boswellic acid, acetyl-beta-boswellic acid, 11-keto-beta-boswellic acid, and acetyl-11-keto-beta-boswellic acid ~~boswellic acid~~, and a pharmaceutically acceptable carrier three times per day.

12. (Currently Amended) The method of claim 11, wherein the orally administered composition contains [[about]] 400 mg of boswellic acid represented by a mixture of one or more of the following groups:

- a) beta-boswellic acid, acetyl beta-boswellic acid, 11-keto beta-boswellic acid, and acetyl-11-keto-beta-boswellic acid ~~, as a single entities or mixtures; and~~
- b) ~~congeners or derivatives of beta boswellic acid, acetyl beta boswellic acid, 11-keto beta boswellic acid, acetyl 11-keto-beta boswellic acid, as single entities or mixtures.~~

13. (Canceled)

14. (Currently Amended) The method of claim 11, wherein the topically administered composition contains ~~[[about]]~~ 400 mg of boswellic acid represented by a mixture of one or more of the following groups:

a) beta-boswellic acid, acetyl beta-boswellic acid, 11-keto beta-boswellic acid, and acetyl-11-keto-beta-boswellic acid, ~~as single entities or mixtures; and~~

b) ~~congeners or derivatives of beta-boswellic acid, acetyl beta-boswellic acid, 11-keto beta-boswellic acid, acetyl 11-keto-beta-boswellic acid, as single entities or mixtures.~~

15. (Previously Presented) The method of claim 11, wherein the orally administered composition contains about 400 mg of acetyl-11-keto-beta-boswellic acid.

16. (Previously Presented) The method of claim 11, wherein the Selenomethionine is L(+)-Selenomethionine.

17. (Canceled) ~~The method of claim 11, wherein the topically administered composition contains about 400 mg of acetyl 11-keto-beta-boswellic acid.~~

18. (Canceled)

19. (Canceled)

20. (Previously Presented) The method of claim 11, wherein the total daily topical dose of boswellic acid is about 1200 mg, administered in a plurality of individual doses.

21. (Currently Amended) A method of treating psoriasis affected area of the skin, scalp or nails comprising the steps of:

- a) orally administering to a psoriasis affected individual a composition comprising ~~[[about]]~~ 400 mg boswellic acid, ~~[[about]]~~ 100 micrograms of elemental selenium, and a pharmaceutically acceptable carrier, three times per day; and
- b) topically applying to the affected area a composition comprising 5% w/w Boswellia serrata gum resin extract comprising beta-boswellic acid, acetyl-beta-boswellic acid, 11-keto-beta-boswellic acid, and acetyl-11-keto-beta-boswellic acid ~~boswellic acid~~, and a pharmaceutically acceptable carrier three times per day.

22. (Currently Amended) The method of claim ~~[[22]]~~ 21, wherein the elemental selenium is in the form of ~~one or more of the following selenium sources:~~
~~selenomethionine, Se-methylselenocysteine, derivatives of selenomethionine,~~
~~derivatives of Se-methylselenocysteine, and high selenium yeast.~~

23. (Currently Amended) A method of treating psoriasis affected area of the skin, scalp or nails comprising the steps of:

- a) orally administering to a psoriasis affected individual a composition comprising ~~[[about]]~~ 400 mg boswellic acid, ~~[[about]]~~ 100 micrograms of elemental selenium in the

~~form of one or more of the following selenium sources: selenomethionine, Se-~~
~~methylselenocysteine, derivatives of selenomethionine, derivatives of Se-~~
~~methylselenocysteine,~~ and a pharmaceutically acceptable carrier, three times per day;
and

b) topically applying to the affected area a composition comprising 5% w/w Boswellia
serrata gum resin extract comprising beta-boswellic acid, acetyl-beta-boswellic acid, 11-
keto-beta-boswellic acid, and acetyl-11-keto-beta-boswellic acid ~~boswellic acid,~~ and a
pharmaceutically acceptable carrier three times per day.

24. (Currently Amended) A method of treating psoriasis affected area of the skin, scalp
or nails comprising the steps of:

a) orally administering to a psoriasis affected individual a composition comprising
[[about]] 400 mg boswellic acid, [[about]] 100 micrograms of elemental selenium in the
form of high selenium yeast, and a pharmaceutically acceptable carrier, three times per
day; and

b) topically applying to the affected area a composition comprising 5% w/w Boswellia
serrata gum resin extract comprising beta-boswellic acid, acetyl-beta-boswellic acid, 11-
keto-beta-boswellic acid, and acetyl-11-keto-beta-boswellic acid ~~boswellic acid,~~ and a
pharmaceutically acceptable carrier three times per day.